

# Our Family

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*A family is like a garden where love grows and care blossoms.*

Family is the first and most important group of people in our lives. It is where we learn about love, care, respect, and support. Every family is special and different. Some families may be big, with many members, while others may be small. But all families share one thing in common — they help each other and stay together in happiness and challenges.

## Who Makes a Family?

In a family, there are many members like:

- **Parents:** They take care of us, teach us right from wrong, and love us unconditionally.
- **Grandparents:** They tell us stories about the past and give us warm hugs.
- **Brothers and Sisters:** They are our best friends and sometimes our little teachers.
- **Other Relatives:** Like cousins, aunts, and uncles, who are all part of the big family tree.

*"A family is a place where minds come in contact with one another." —  
Buddha*

## Why is Family Important?

Family is important because it helps us grow and learn. Here are some reasons why family matters:

1. **Love and Care:** Family members care for each other and always think about each other's happiness.
  2. **Support:** During difficult times, family stands by us and gives courage.
  3. **Values and Traditions:** Families teach us good habits, customs, and celebrations.
  4. **Protection:** Family keeps us safe and teaches us how to keep ourselves safe too.
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## Example: My Family

Let's read how Riya describes her family:

"My family has four members – My father, mother, younger brother, and me. My father is a teacher and helps me with my studies. My mother cooks delicious food and helps me with my homework. My brother loves playing and we enjoy together every evening. We all love each other very much."

## Exercise Time!

Let's think and write:

- Who are the members of your family?
- What do your family members do to help you?
- Write one special thing you like doing with your family.

Remember, every family is a special support system that helps you grow. Love and care in families make the world a better place to live in.

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